



**Do you have a
Colostomy, Ileostomy, Urostomy
or Internal Pouch?**



**Living life to the full with a Stoma
or
Internal Pouch**

Do you know your local support group?

The Ostomy Association of Ireland



The Ostomy Association of Ireland is the National Support Organisation for people who have a Colostomy, Ileostomy, Urostomy or Internal Pouch. Individuals of all ages can have a STOMA as a result of having Cancer, Diverticulitis, Ulcerative Colitis, Crohn's Disease or following having a Trauma to the abdomen.

What Does The Ostomy Association of Ireland Do?

Understand

-

Advise

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Support

Although major surgery of this nature with a change of bodily function, will disrupt a person's lifestyle, especially if the illness has lasted for many years, recovery will often be assisted by contact with people who have been through a similar experience.

The following Core Activities are provided by the Ostomy Association of Ireland for people of all ages with a Colostomy, Ileostomy, Urostomy or Internal Pouch:

- Support Group Meetings
- Public Meetings / Exhibitions
- Ostomy Ireland News Journal issued Quarterly
- Website
- Facebook Page
- Advice Information Leaflets
- Visiting
- Social Activities

The Ostomy Association of Ireland



Established on 1st January 2019 as an unincorporated organisation and is a member of The WHEEL who are an umbrella organisation for the Voluntary and Charitable Sector.

The Ostomy Association of Ireland are presently completing an application to the CRA (Charities Regulatory Authority) to be registered as a Charitable Organisation.

The Ostomy Association of Ireland is funded by Subscriptions and Donations from Members and by Ostomy Companies as Corporate Social Partnership Sponsors.

The Ostomy Association of Ireland's Core Objectives are:

To help those facing Stoma surgery to return to a normal lifestyle as soon as possible after surgery.

Because our members have either a Colostomy, Ileostomy, Urostomy or Internal Pouch:

We can say...
Because We Know -
We Care

Vision

The Ostomy Association of Ireland seeks to:

- To help anyone living in Ireland whose colon has been or is about to be removed by a surgical procedure such as a Colostomy, Ileostomy, Urostomy or Internal Pouch.
- To promote and co-ordinate research in bowel disease and other conditions leading to the removal of the colon, surgical procedures pertaining thereto, and related matters and further to promote the dissemination of knowledge gained by such research.
- To keep people who have had Stoma or Internal Pouch operations informed of all matters of interest by the periodic dissemination of information by organising Conferences, Seminars and Courses on topics of interest, and in any other matter which is charitable and which the trustees consider appropriate.
- To liaise with the HSE (Health Service Executive) through our membership of the PCRS committee established to approve medical products for people who have a medical card.
- To advocate for all people who have a stoma to be entitled and deemed eligible to have a medical card as a Primary Entitlement due to their life long medical circumstance.
- To raise awareness with security personnel at airports throughout Ireland about people who have a stoma and to provide Awareness Training for security personnel.
- To raise awareness about people with a Stoma / Internal Pouch who need to access Toilet facilities in Public places, so that toilets which are accessible to people with a disability can also be accessed by people with a Stoma or Internal Pouch.
- To work closely with other organisations for the benefit of all people with a Stoma or Internal Pouch such as the Irish Cancer Society, Marie Keating Foundation and the ISCC (Irish Society for Colitis & Crohn's Disease).
- To seek membership of EOA - European Ostomy Association.
- To seek membership of the IOA - International Ostomy Association.

Ostomy Association of Ireland

Ostomy Association of Ireland hold Three Public Meetings each year:

The Spring Meeting

is always held in Dublin and it is the AGM of the Association.

The Summer Meeting

is held in different cities in the Southern Half of the Country.

The Autumn Meeting

is held in different cities in the Northern Half of the Country.

Ostomy Companies stage an Exhibition prior to the Meeting for two hours and members are able to ask for advice and obtain samples of different products.

Guest Speakers attend these meetings and topics of interest to members are presented and are followed by Discussion and a Question & Answer Session.

There is no charge to attend Public Meetings and members may bring along with them a relative, family member or friend to attend the meeting.

Ostomy Association of Ireland Support Groups meet on a monthly, bi-monthly or Quarterly basis. A Stoma Nurse is regularly in attendance at each meeting and a Guest Speaker is also invited to address the meeting.

How can I join the Ostomy Association of Ireland?

Full Membership is open to all people who have a Stoma – Colostomy, Ileostomy, Urostomy and have an Internal Pouch.

Associate Membership is available to anyone who is interested in the work of the Ostomy Association of Ireland, such as Consultants, Surgeons, Doctors, Nurses, Family Members and Friends. Rate of Subscription is same as Full Membership.

Rates Of Annual Subscription

Under age 60 yrs on 1 January - €20 per annum

Over age 60 yrs on 1 January - €15 per annum

To Join the Ostomy Association of Ireland

Please complete an Application Form and return to:

The Treasurer,
Ostomy Association of Ireland
6 Marian Place,
Tullamore,
Co. Offaly
R35 KD78

Payment can be made by Cheque or Postal Order or by EFT by visiting the OAI Website

www.ostomyireland.ie

Bank Details:

Branch : Bank of Ireland, Tullamore, Co. Offaly

Account Name : Ostomy Association of Ireland

Account Number : 26207296

Sort Code : 90 - 19 – 09

IBAN CODE : IE42 BOFI90190926207296

Membership Application Form



BLOCK CAPITALS PLEASE

Mr Mrs Miss Ms Other

Full Name:.....

Address:.....

Eircode:.....

Contact No:.....

Email:.....

Date of Birth (dd/mm/yy), or year of birth:.....

Which Surgery you had: Colostomy Ileostomy Urostomy
Internal Pouch None

Date of Operation:.....

Reason for Surgery:.....

I consent to The Ostomy Association of Ireland holding details about my medical condition to enrich the membership services offered.

Subscriptions:

Under age 60yrs on 1 January - €20 per annum

Over age 60yrs on 1 January - €15 per annum

I enclose a subscription of €.....

I enclose a donation of €.....

Total amount enclosed €.....

Signed:..... Date:.....



Location Support Groups

**For information on where and when meetings will be held.
Please contact the following Group Co-ordinators.**

CARLOW / KILKENNY : Co-ordinator Jamie Alcock 087 698 3719

CASTLEBAR : Co-ordinator J.J. McLoughlin 087 2300580

CORK : Co-ordinator Rose Flynne 087 2953404

DROGHEDA : Co-ordinators Anthony Connolly 089 4418799 and Paul Hughes 085 7182405

DUBLIN : Co-ordinator Melissa Lyons 086 8099918

GOREY : Co-ordinator Frank Norris 087 6204533

LETTERKENNY : Co-ordinator Rita Marron 074 9188887

LIMERICK : Co-ordinator Miriam Canty 087 6741930

NEWBRIDGE : Co-ordinator Veronica Ruffley 087 7940850

SLIGO : Co-ordinator Mary McLoughlin 086 3608798

TULLAMORE : Co-ordinators Ann Dold 086 3074846 and Mark Sheehy 087 3843412

WATERFORD : Co-ordinator Keith Drayton 087 0666668

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Mobile: 087 700 5966 | Landline: 057 9360 447**